

# Loving People Enough Ministries

June 2016



Hello Everyone & Happy Summer!

By all appearances it seems that summer finally showed up! These hot and muggy afternoons make my body long for an air conditioner and something cold to drink. Just as Spring finally gave way to the hotter temps that make summer inevitable so are the changes we see all around us. We see God moving in so many places and different areas of our lives. We are being stretched and challenged as He moves us to deeper waters and most certainly out of our comfort zones. It is something we cannot define but we can see and feel it in the spirit. The changes that are being made as He prepares us to be moved into the future He has planned for us! New opportunities have opened their doors for us that we just didn't see. These are opportunities for growth on a personal level as well as in

ministry. God is most definitely on the move and we want to be a part of it. The prayer request is that we have eyes to see and ears to hear: That our spiritual senses be sharpened and honed for what is coming next!

We have finished the Preparedness Peace class at Church on the Rock and are making plans to start again in the Fall and at the Dream Center.

As we move forward in time and get ready for the 4<sup>th</sup> of July festivities, I encourage each of you to reflect on what liberties we have and how precious they are. As we have traveled to many places and cultures, we are keenly aware of what we as Americans possess. As you celebrate the birthday of the United States, take a moment and reflect on what it took to get us here. Without the grace of God, we would not enjoy what we have today. Remember those who have sacrificed so much so that we could have so much.

Our hope is that this summer be a wondrous time and as you sit praying, pray for the mission teams that will be out for God to bless the work of their hands.

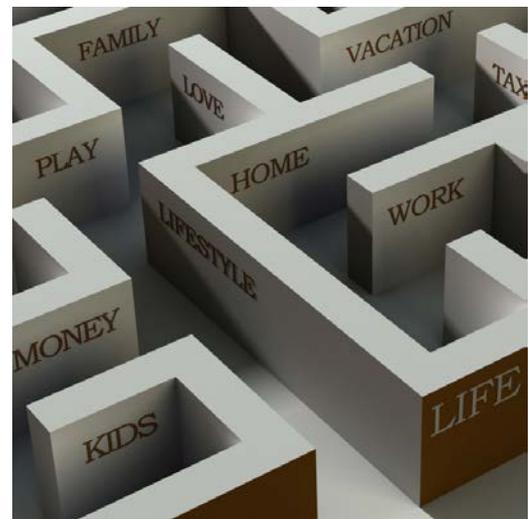
## Counselors Corner:

How many spiritual battles can you carry before becoming overloaded and unbalanced?

What about those times when we feel ourselves being driven to attain a goal rather than being led by the Holy Spirit? Doesn't that cause an overload and an imbalance within us? It also promotes a spiritual battle! How about measuring your energy level against the to-do list before even one thing has been done? That too is a spirit battle that can cause us to become overloaded and unbalanced in our thinking and walk with Him. Each of us can think of a dozen different examples for this. We all carry many battles within us every day. We can spend all day "stamping out fires" so to speak.

These battles only happen in one place – in our soul. Before Adam and Eve sinned they knew God. He spoke to them and He walked with them. (Gen. 3:8). They did not know they were naked because they lived, moved and had their being in the spirit. Once they sinned they "knew" (had knowledge of) their nakedness and tried to hide. (Gen. 3:10). From that point forward the order was flipped. They no longer lived by their spirit man but from their soul (mind, will and emotions). (Gen. 3:7).

From the very moment we give our lives to Christ we start trying to set that order straight again, in order to live, move and have our being in the spirit like scripture says we ought to. (Acts 17:28). To live the life that Christ died to give us requires a complete and total shift in how we think and what we think with. It's a battle that presents a choice that we must make in order to live that life. It means thinking with our spirit man. It's exercising your body, staying in the Word, and spending time with our heavenly Father even when your flesh is screaming "no" and it doesn't want to! It's being aware of God's presence and promises that say His joy is our strength and He will give to us what we need and when we need it! It is keeping and maintaining our focus on Jesus (our cornerstone/stability) for WHO He is and not what He can do for us! To remember that while we have relationship with God the Father, God the Son, and God the Holy



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Spirit, that He is in fact Holy and to be respected as such. It is learning to live by our spirit man right here in this fallen world. It is having the ability to make good and right choices/decisions from the spirit of Truth who lives on the inside of us. To do this you have to dare yourself to believe that God's Word is Truth. That's activated faith! His Word is the only truth we have to stand on. It is unchanging and unwavering. It is our solid ground for which we stand! You have heard me say this many times, but you also have to ask Him to keep you in the battle until the Truth of His Word wins out in your life! And by the way, His Word ALWAYS WINS! Get into His Word and dig it out! There is only one way to win these battles – that is in the spirit and by the Holy Spirit who lives inside of us. (2 Cor. 10:4). As I am typing this out the Holy Spirit is reminding me that this is a growing process! There are many lessons along life's path that get us to this place and lead us back to the firm foundation He set for us. The question is: How long do you want to stay in this "overload"; this unbalanced limbo? Most have one foot in the kingdom and one foot in the world. But by the renewing of the mind why not put both feet in Him? Trusting Him and letting Him teach us how to live in this world by His Spirit that is one with our spirit? (Rom. 12:2, Eph. 4:23, 24). We live in this world but we are not of this world. The order God set is this: Our spirit man (that is one in Christ) is to tell our soul what to do and how to think. Our soul then tells our brain and our brain, in turn, tells our body how to be right down to the cellular structure. (3 Jn.2). We are not limited to our own finite minds when we have the mind of Christ dwelling on the inside of us. For years now I have been asking the Father to teach me how to live and move and have my being in the spirit. To think with my spirit man so that my soul will make good decisions. As He is continuing to do this for me my body is aligning with His Word and I am becoming more and more physically healthy each and every day! I am a living testimony to His Goodness in my life – spirit, soul and body! I am a blessed child of the Most High God. So are you! Ask the Spirit of Truth to take first place and set the order straight again. When we think from our spirit man we become balanced in Him. Remember we fight FROM the victory not for it! The battle is the Lord's and it is fought in the battleground of the human mind.

Blessings to you all,  
Dr. B.

Have a blessed day and  
We love you all,

Blessings,

Doug & Lisa Barber



*Father,  
Keep our focus on you  
Have our eyes set on eternity,  
That we be kingdom minded  
through the mind of Christ  
Amen!*

*Loving  
People  
Enough  
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