

# Loving People Enough Ministries

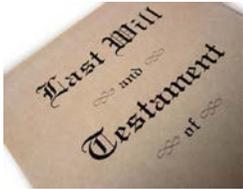
November/December 2016

Hello,

We hope this letter finds you doing very well as you prepare for the holiday season! Our prayers for you include special times with friends and family and travel mercies for all who are traveling.

So let's get started! Just as Joseph interpreted the dreams of Pharaoh about the famine that was coming and what to do during the time of plenty and of lack, he had also been obedient in following God. When the time came to make provision for the land, Pharaoh placed Joseph in charge of everything.

Then Pharaoh said to Joseph, "Since God has made all this known to you, there is no one so discerning and wise as you. You shall be in charge of my palace, and all my people are to submit to your orders. Only with respect to the throne will I be greater than you." Genesis 41:39-40



This month Preparedness Peace will focus on collecting the multitude of documents that you should always have available. First and foremost is having a will. Your will is arguably the most important document of this process. Having a will prevents the state from taking over your belongings that are meant for your loved ones. We should always take the time to express our last wishes should something catastrophic happen.

The next most important document to have is an "ICE pack" put together. These are the documents needed In Case of Emergency or I.C.E. for short. They should include the names, addresses, phone numbers and email address of your family members and friends. There should also be an entry in your cell phone contact list labeled "ICE" for the person you want contacted if there is an emergency. The first responders will look for this if you are involved in an accident.

The remainder of the documents should also include insurance, medical and dental records, birth certificates and powers of attorney. This is by no means a complete list but gives you an idea. A comprehensive list is provided in the Preparedness Peace Planning Guide.

In our next letter we will discuss water and food storage and why that is so important.

Lisa and I want each of you to be as prepared as you can be, so we offer the Preparedness Peace class to anyone who is interested. The class is free but the participants guide does cost some. You can purchase the Preparedness Peace Book online at Amazon. If you, your church or small group is interested please contact us to make arrangements.

Just as Jesus commanded the sea to be at peace and to be still (Mark 4:39), we too must also understand the authority we have in Christ to command peace and to prepare for what may come.

## Counselors Corner:

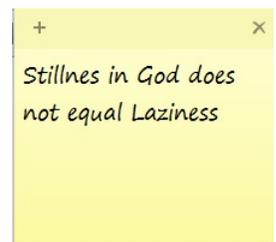
Every person has their own system for living. I live by the sticky note method. My desk is proof of that! These sticky notes are filled full of info that needs to be organized, things to remember and to do! However some of these notes are words given to me from the Holy Spirit that I write down for later times.

For more than a year now I have had a sticky note on my desk with these words:

1. Stillness in God does not = Laziness.
2. Staying on the surface with people does not = Shallowness.

When the Lord first gave me this I didn't know what to do with it, so onto a sticky note it went and has been stuck to my desk until now. These are life lessons that must be walked out in order to understand. You might say they could be lifelong companions (or book ends) to keep you spiritually sharp and in tune with others.

Stillness in God is a very active thing for which we must seek to be a "proactive" participant. To be still and know that He is God takes diligence on our part. It's pushing back the thoughts in our head to keep a positive kingdom mindset. It is actively being still when we don't know what else to do. It is obedience to rest in Him as we wait for the next step. It is engaging our faith as we are determined to keep our peace. Being still in God is anything but laziness; it's hard work! Being still in God also takes courage when everyone around you is saying to do something different.



Staying on the surface with people means to meet them right where they are. Moment by moment. The Apostle Paul spoke of this when he said we are to “rejoice with those who rejoice and weep with those who weep”. For counselors there is a natural bent to dig deeper and “to get to the root” so to speak. And yes there is a time for this, but it is at a time that God will set for those individuals once he has prepared their hearts to receive. In the meantime, learn to stay on the surface. Staying on the surface with people does not = shallowness. As a matter of fact, it is a bridge to loving people enough to love them through their circumstances, on their turf and in God’s timing. I encourage you to keep these thoughts in mind as we wade into this holiday season. Before you know it, we will be deep in family and old friends. Both of which will require us to find our quiet place and be still. Resting in Him and being still is a good place to remember to stay on the surface with others. Meet yourself right where you are in the presence of God so that He through you can meet others right where they are. Let Him use you as a vessel to prepare their hearts for what is next in the upcoming months in their lives. If they need more of you to help them “go deeper”, they will seek you out. Personally, I am purposely planning to use my bookends to keep my peace and enjoy Thanksgiving, Christmas and the celebration of a fresh, upcoming & promising New Year! Thank you to everyone who supports us financially and prayerfully. We cannot do this without you and your faithfulness is most assuredly noticed. We want you to know that we pray for you as well. We wish each of you a very Happy Thanksgiving and Merry Christmas!

Staying on the surface  
with people does not  
equal shallowness

Blessings to you and yours,  
We love you,  
Dr. B.  
Licensed Clinical Pastoral Counselor.

*We hope you all have a  
Happy Thanksgiving and  
a Very Merry Christmas!*

Have a blessed day and

We love you all,

Blessings,

Doug & Lisa Barber



*Father,  
Keep our focus on you  
Have our eyes set on eternity,  
That we be kingdom minded  
through the mind of Christ  
Amen!*

*Loving  
People  
Enough  
Ministries*

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